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Voluntary Public

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Negative List for Novel Foods and Ingredients

Appendix I: Negative List of Novel Food Ingredients

Novel Food/Ingredient	Common Names	Current Status
Betaine		Not authorized as a novel food. EFSA found insufficient evidence to support the application of betaine as a novel food in the EU.
<i>Butea superba</i>		Not authorized as a novel food.
<i>Citrulline</i>		Not authorized as a novel food. EFSA has additionally rejected health claims associated with this ingredient.
Clinoptilolite		Not authorized as a novel food. The UK competent authority rejected the application for the volcanic sand in 2005. Also known as zeolite.
<i>Cnidium monnieri</i>	Cnidium fruit, Herbal viagra	Not authorized as a novel food.

<i>Coriolus versicolor</i>	Turkey Tail	Not authorized as a novel food. Also applies to <i>Trametes versicolor</i> .
<i>Creatine Monohydrate</i>		Not authorized. For EU references on the use of creatine supplementation for nutritional purposes refer to the Annex Foods for Sport People . This may also cover other creatine derivatives such as <i>tri creatine malate</i> and <i>tri creatine orotate</i> .
<i>Epimedium grandiflorum</i>	Large flowered barrenwort, Bishop's hat	Not authorized as a novel food.
<i>Eurycoma longifolia</i>	Tongkat Ali	Not authorized as a novel food.
GTF chromium yeast		Not authorized as a novel food or as a supplement.
<i>Gynostemma pentaphyllum</i>	Jiaogulan	Not authorized as a novel food.
<i>Hoodia gordonii</i>	Hoodia cactus, Hoodia	Not authorized as a novel food.
<i>Huperzia serrata</i>		Not authorized as a novel food in the EU. The request concerns extracts from the whole plant.
<i>Indole 3 carbinol</i> (in pure form)		Not authorized as a novel food.
<i>Inonotus obliquus</i>	Cinder conk, Chaga	Not authorized as a novel food. The use of the mushroom is permitted in food supplements.
<i>Irvingia gabonensis</i>	African mango, Wild mango, African green mango, Dika, Ogbono, Bush mango	The fruit, fruit extracts, and any non-aqueous seed extracts are considered novel foods and are not authorized according to the UK novel foods authority . The seeds of <i>Irvingia gabonensis</i> , commonly referred to as Ogbono seeds , are not considered novel foods .
<i>Myrciaria dubi</i>	Camu-camu	This product is only authorized as a food supplement in the EU. Any other uses are not currently authorized as a novel food.
<i>Morinda citrifolia</i>	Noni, Great morinda, Indian mulberry, Beach mulberry, Cheese fruit	Authorized as a novel food . Includes juice, leaves, puree, and concentrate.
<i>Phellinus linteus</i>	Black hoof mushroom	Not authorized as a novel food.
<i>Piper methysticum</i>	Kava, Kava-kava	Not authorized as a novel food.
<i>Pueraria mirifica</i>	Kwao Krua	Not authorized as a novel food.
<i>Rhodiola rosea</i>	Golden root, Rose root, Aaron's rod, Arctic root, King's crown, Orpin rose	Not authorized as a novel food and certain health claims denied .
<i>Scutellaria elliptica</i>	Hairy skullcap	Not authorized as a novel food.
<i>Silybum marianum</i>	Milk thistle, Marian	Not authorized as a novel food.

